



As a self taught chef and with a great passion for cooking and entertaining, I decided that I would share what I have learned and enjoyed preparing with not only my family but with others in the community; feeding our stomachs and educating ourselves one - meal at a time.

I started "*Catering & Event Planning by Nicole*" in the summer of 2009, just by having a conversation with a friend that had two full time jobs and had no time in his schedule to eat properly and had a desire to have great tasting HEALTHY meals on the go! That is when he and I sat down, and discussed what he liked to eat and what meals were best to eat with such a hectic schedule. I then told him to purchase some plastic microwavable containers and his personal chef (me) was born!

As a Personal Chef, I practice safe food-handling. I pride myself on purchasing only quality seafood, meats and produce for my clients. It's not uncommon for me to visit three different grocery stores in one day in search of the freshest and best ingredients. I gain invaluable knowledge through networking with other skilled colleagues, who are "foodies" like me. My credentials are solid, and my clients are happy. With event planning, I pride myself on knowing what my clients (you) want. From a small dinner party, book club with girls, game night with the boys or a sit down affair *Catering & Event Planning by Nicole* will take care of everything!

My attention to detail and always being mindful to the costs, is truly what separates me from other event planning companies. I take great pride in the fact that I have clients from all walks of life and ethnic backgrounds. I believe the better you eat, the healthier and more productive you feel. My goal with my clients is to show them that food is not designed to only taste good, but should be good for you! The way we buy, store, prepare and eat foods determine how our bodies will treat us in the long run. And having a relaxed, stress free event speaks volumes to your peace of mind.

My method in doing this will be hands on, factual and most importantly FUN!!!