

Salads & Wraps by *Nicole* 216-513-0689

SEAFOOD

Salad or Wheat Wrap \$10.00

Salmon

Spinach, Salmon, Cucumbers, Tomatoes, Red Onions, Carrots, Feta Cheese
Sunflower Seeds, Bean Sprouts

Sesame Shrimp

Spring Mix, Cucumbers, Tomatoes, Carrots, Garlic & Ginger Grilled Shrimp,
Mandarin Oranges, White Sesame Seeds and Wonton Strips

Spicy Thai Grilled Shrimp

Spring Mix, Grilled Shrimp with Spicy Thai Sauce, Cucumbers, Carrots, Garbanzo
Beans, Cilantro, Red Onions, Scallions, Black Sesame Seeds, Bean Sprouts

CHICKEN/TURKEY

Salad or Wheat Wrap \$8.50

Chicken Cobb

Romaine, Spinach, All Natural Grilled Chicken, Bleu Cheese Crumbles, Pork Bacon
Bits (optional and served on the side), Tomatoes, Avocado, Cucumbers, Hard
Boiled Egg, Fried Onions, Cheddar & Provolone Cheese, Sliced Black Olives

Strawberry & Pecan Chicken

Spring Mix, Spinach, Grilled Chicken Breast, Strawberries, Mandarin Oranges,
Carrots, Cranberries, Cucumbers, White American Cheese, Candied Pecans

Buffalo Chicken

Spring Mix, Buffalo Flavored Grilled Chicken Breast, Tomatoes, Cucumbers,
Carrots, Scallions, Hard Boiled Egg, Pork Bacon (optional and served on the side)
Freshly Shaved Parmesan Cheese and "Red Hot" Hot Sauce (served on the side)

Turkey Chop

Romaine, Spinach, Carrots, Honey Roasted Turkey Breast, Green Apples,
Candied Pecans, Red Onions, Cucumbers, Beets, Cheddar & Provolone Cheese

VEGGIE

Salad or Wheat Wrap \$7.00

Veggie House Salad

Spring Mix, Spinach, Tomatoes, Hard Boiled Egg, Carrots, Red Onion,
Cucumbers, Bean Sprouts, Cheddar & Provolone Cheese

1 package of salad dressing with each order. Additional packs \$.50
Ranch, Honey Mustard, Balsamic, Blue Cheese, French, Italian, Blue Cheese
Crumbles, Raspberry Vinaigrette, Asian Sesame. Hard boiled eggs \$.50,
Cheese \$1.00, Bacon Bits \$1.00

ALL SALADS COME WITH A WHOLE WHEAT ROLL